

# **Bhagwat Geeta, Class 149 – Chapter 11 Viśvarūpa Darshana Yogaha, Verses 33 to 34**

Acting according dharma is surrendering individual will to Dharma. Dharma is the will of God, surrendering to dharma is surrendering to the will of the god. When you act according to your will without regard to Dharma, then the individual will is not in alignment with Dharma or the will of God. Arjuna's will based on raga dwesha is to run away from the battlefield; his will based on dharma is to fight the war. He has two choices, going by raga dwesha and not fight the war or going by dharma and fight the war. Dharmic based action is use of free will and adharmic based action is abuse of free will. Choosing the will based on raga dwesha will be abusing free will. Karma yoga requires one to follow dharma, so a karma yogi surrenders his free will and raga dwesha to dharma or to the free will of God. This voluntary surrender is called bhakti. Saving the people from adharma is the duty of kshatriya.

Verse 35

*Sanjaya said – Having heard these words of Krishna, the trembling Arjuna saluted and, bowing down with great fear, falteringly spoke to Krishna once again with joined palms.*

Arjuna now understood that Krishna is not responsible for the suffering of people. Krishna's compassion is not to alter the results of karma, but to pass the karma palam and maintain dharma. If God alters the results of karma for one's benefit, then one may benefit but the society as a whole will suffer.

The laws of karma should continue to work for the benefit of the whole society. We should learn to accept the suffering without complaining to God. Instead of saying I am suffering,

learn to say I am becoming purer because the accumulated pavam is getting reduced. God's compassion is shown by maintaining dharma.

By practicing prāyaścitta karma, I am producing positive karma, which will produce agami that will neutralize praraptha karma. Whether prāyaścitta will neutralize praraptha will depend on the strength of praraptha karma. Every praraptha karma can be weak, medium or strong. Prāyaścitta can be helpful for weak and for medium it will help managing the praraptha. But when it is strong, praraptha will not help, but it will create punyam for the future. However, when karma matures, we will not know whether it is weak or strong. God is defined as the order of creation. So, surrendering to God is surrendering to the order of creation. The law of karma is like law of gravity, it will not change because you dislike.

Surrender is the physical expression of intellectual appreciation and acceptance of the law of karma or the order of creation. Ripeness of bhakti is that bhayam or fear is gone, because I learn to go with the laws of karma. Bakti melts away the fear of raga.

Verse 36

*Arjuna said – Oh Lord! It is but proper that the world is delighted and gratified by the glorification of You. The frightened demons run in all directions and all the hosts of siddhas bow down to you.*

Arjuna's three stages of viśvarūpa darshanam

1. Wonderment
2. Fear
3. Surrender

One must come eka roopa to viśvarūpa to nirguna roopa, universal laws of dharma. If you want to conquer fear you

must expand your mind to appreciate totality or viśvarūpa and the laws of karma. As an individual, you cannot escape the laws of karma. For that you should transcend ahankara. That can happen only with viśvarūpa darshanam.

When you are narrow minded, immature and ahankara is in force, religion and God become sources of fear. But the pleasure that comes with the appreciation of totality and viśvarūpa is ananda.

Total identification is Brahman; Zero or no identification is Eeswara; in both have no samsara. But we all have a selected few identification (family, friends etc.) that gives samsara. This will not make them escape from the laws of karma. We should pray to give the strength to accept the karma palam.

Verse 37

*Oh great Lord! Why would they not salute You who are greater than even Brahma and who are the first creator? Oh limitless one who is the ruler of gods, and the abode of the universe! You are the cause and the effect. You are that imperishable Truth which is beyond both.*

Any one who appreciates totality and doing namaskara is intuitive and natural. If you read any science after viśvarūpa darshanam, wonderment will not be avoided. If you are a bhakta it will lead to namaskara and surrender. Whoever has not understood the scriptures properly is missing a totally different dimension. If I say there is no god, it is not absence of God, I don't have the sense to appreciate viśvarūpa and harmony. I don't live in the universe, the universe is in me.

---

# **Bhagwat Geeta, Class 148 – Chapter 11 Viśvarūpa Darshana Yogaha, Verses 33 to 34**

Seeing the Viśvarūpa darshanam, Arjuna goes through two emotions. The first emotion was wonder and the second was fear, because he saw Lord destroying everything. Arjuna had a question whether the Lord was compassionate. He asked Krishna who are you and what are your functions. From the standpoint of time, the Lord is called kala or Yamaha the one who controls everything. He also states that I am going to kill the warriors on both sides, because their time has come. Arjuna is simply an instrument. According to the law of karma the time has come for Bhishma, Dhrona and gowravas have to die. Krishna, as kala principle, is only giving an opportunity for Arjuna to be an instrument in the process.

Superficial study of verse 33 may lead to fatalistic view because everything is pre-determined, and we are all only puppets or instruments and the Bagawan holds the strings. Sastras rejects fatalism and do not consider humans as puppets because humans have free will. When we are rejecting fatalism, we are not rejecting fate. Fate is very much accepted by sastra. Fate is the result of action done by us in the past, this and previous jenma. Karma palam is otherwise known as destiny, prarabtham, daivam. Prarabdha karma influences our life, but not the horoscope or the planetary position. Fate is not the only factor influencing life. In addition to fate, free will (purusārtha) decides your future. If you say fate and free will decides future, it is sastra. If you say fate alone decides your future, it is fatalism. Free will has no place. In fatalism everything is pre-determined by God. God's will alone exist, and we are all mere instruments.

Minor advantages of this point of views are:

1. You need not take responsibility for your atrocity and avoid guilt.
2. This theory is useful to accept the sufferings of life. In sastra, fatalism is temporarily used to accept suffering.

Six problems of this theory of fatalism:

1. God becomes kartha and we are all only instruments. All the pavam and punyam will go to Bagawan. Bagawan becomes mahā samsari.
2. Since we are all only instruments only, we will not get any karma palam – punyam and pavam.
3. All the sufferings are the responsibility of the god. That god must be most cruel god.
4. Not all people enjoy uniformly; some are happier than others, so God is partial.
5. Since we are all only instruments, we need not know what proper action is and what improper action is. Study of dharma sashtra is not required.
6. As mere instruments, we need not choose a course of action; we will never have conflict in life. As long as there are choices, there is free will. Only animals do not have conflict because they have no free will and they have no choice.

Free will and fate are the two factors that contribute to our future. For animals only fate contributes to their future. Some of our actions are because of fate and some others are because of our free will and yet others are because of a mix of the two. So, you are one of the contributors to our future along with fate. By our prayer we try to control our fate and by our freewill we try to control our choice.

Bagawan harmonizes the world with dharma when I align my free will with dharma, then I become the instrument of the Lord. Arjuna faces this conflict before the war. Dharma sastra says Arjuna's duty to fight the war. But his raga dwesha says that he should not hurt his next of kins. Krishna tells him not to go by raga dwesha but go by dharma. Dharma is god's will. When free will is aligned with dharma, then I become an instrument in the hands of the Lord. Verse 33 says align your will with dharma.

Verse 34

*Kill Drona, Bhisma, Jayadratha, Karna as well as other great warriors who are killed by Me. Do not fear. Fight, you will conquer the enemies in battle.*

According to the law of karma or law of dharma has indicated the death of all the warriors in the battlefield. In our life, our fate is not knowable and that is why it is called adhrishtam Therefore, we should do our action as though everything in our control and consider all the result as the action of God.

---

## **Bhagwat Geeta, Class 147 – Chapter 11 Viśvarūpa Darshana Yogaha, Verses 30 to 33**



Viśvarūpa consists of everything including time. Time and space are an integral property of creation. Time and space can never be separated from creation, they arise along with

creation. When Arjuna experiences the viśvarūpa, he also experiences time principle. This invisible all-pervading time principle or kala tattvam is symbolized by the mouth of the lord. This kala tattvam has twofold power – creation and destruction. But Arjuna, being in a battlefield, sees only the destruction part of the kala tattvam. If he had seen the totality, creation and destruction, he would have seen the mangalam swaroopam and amangala swaroopam of the Lord. We only have two options – accept the whole as mangalam or reject the whole as amangalam. But we only want to accept the birth as mangalam and not accept the death as mangalam. Either totally embrace the whole world or reject the whole world. As long as you accept only one part and reject the other part, there will be samsara.

#### Verse 30

*Swallowing all the people from all directions with blazing mouths, You repeatedly lick with relish. Filling the entire universe with radiance. Your fierce rays scorch everyone, Oh Lord.*

Bagawan doesn't seem to have any sympathy towards people crying for the death of family and friends. But by giving intelligence, Bagawan has given us an opportunity to know what death is. If we do not grow and mature, Bagawan will have no sympathy. Kala tattvam affects all the time – not just at the old age. Arjuna wonders whether Bagawan is extremely cruel. When suffering in life, we all will get this doubt. We may even doubt the existence of Bagawan.

#### Verse 31

*Who are you with this fierce form? Tell me, Oh Supreme Lord! Salutation be to You. Be gracious. I desire to know You, the primal one. Indeed, I do not know Your function.*

Arjuna asks who are you – the frightening one or the gracious one? Who is Bagawan and what is your function? Why can't the

whole world be beautiful?

Verse 32

*The Lord said – I am the mighty Time, the destroyer of the world. I am proceeding to destroy the people here. All the warriors who are arrayed in both the armies will cease to exist even without you.*

Bagawan answers that he is kala tattvam. There are two planes in Vedanta, vyāvahārika tattvam and pāramarthika tattvam. With regard to vyāvahārika tattvam either you accept totally or reject it totally. There is no good or bad. You accept both or reject both. You renounce both and death. This requires inner strength. Total acceptance also requires strength. This strength you get only with atma Jñānam.

Partial rejection or acceptance is not acceptable. As vyāvahārika tattvam, Bagawan creates and destroys. Pāramarthika tattvam -in which there is no time and no space and there are no pairs. No good and bad; no death and birth.

Verse 33

*Therefore, get up and attain fame. Conquering the enemies, enjoy the prosperous kingdom. Indeed, they have already been killed by Me. Be a mere instrument, Oh Arjuna!*

Krishna says the time has come for people on the battlefield to die. Only the means of destruction is not decided, but the end of the people has already been decided by kala tattvam. The option that Arjuna has is to join and do his duty by defeating the enemies and establishing dharma. Arjuna is only an instrument in Bagawan's hand.

When we read in this contest, it looks like he is only an instrument or puppet of the Bagawan. Looks like Bagawan has already decided everything and everything is predetermined. Seems like human beings do not have any choice and do not have any free will. There is only one doer and Bagawan determines



everything. This will be the wrong conclusion that we can come to from this verse. Human beings do have free will.



---

# **Bhagwat Geeta, Class 145 – Chapter 11 Viśva Roopa Darshana Yogaha, Verses 18 to 22**

To have viśvarūpa darshanam, we require physical eye to see the universe as the body of the eye. We are all gifted with physical eye. But this is not enough, we also need the attitude by which we look upon the universe as the body of the Lord. Lord is the material cause of the world, the Lord himself manifesting himself as the universe. We should learn to train the mind to look upon the universe as the body of the Lord. This attitude is the second factor required which we call as divya shakshu. This is similar to the prasadam from a temple. Ordinary food gets a special designation as prasadam. This change is brought up by inner attitude, divya shakshu. This divya shakshu was given to Arjuna by the Lord. When this change takes place, Arjuna goes through several emotional transformations. One of the transformation is acharyam or wonder in seeing totality. This totality is available all the time. But because of mamakara and ahankara, we were not able to see the totality. Arjuna expresses this

wonderment from verses 15 to 22. Arjuna sees the Lord as the ultimate support is something which supports everything but is not supported by anything; that is support less support; Changeless reality; One who maintains the harmony of the creation. Wherever human beings enter, harmony is violated.

When the violation is unbearable, Bagawan takes an avatar and eliminates the violation. This is similar to when something poisonous enters digestive system the expulsion comes, and these are in built remedy. Similarly, whenever there is a toxin to the universe, Bhagavan comes as an avatar.

Verse 19

*I see you as one who has no beginning, middle or end, who has limitless power, who has countless arms, whose eyes are the moon and the sun, whose mouth is the blazing fire, and who scorches this universe with Your radiance.*

Do not imagine one Lord standing with countless hands, mouths, eyes etc., but see everyone's hand, mouths, eyes etc. as the hands of the Lord. For viśvarūpa, sun and moon are the eyes. This indicates that viśvarūpa is the universe itself.

In Tattva Bodha, we learnt that every sense organ has a presiding deity. The presiding deity of eyes is Sun. Agni or fire is the mouth of the Lord, because Agni is the presiding deity of mouth. Also, mouth swallows everything, similarly Agni the fire principles every oblation offered during an oblation. With its radiated heat, heat is scorching the earth, and this is experiencing viśvarūpa darshanam.

Verse 20

*The space between heaven and earth as well as all the quarters are indeed pervaded by You alone. Having seen this wonderful and fierce form of Yours, all the three worlds are frightened, Oh great Lord!*

The whole universe is the Lord's body. Earth is the feet of

the lord, and the upper sky of the Lord. All the stars are decorations for the Lord. The whole universe is pervaded by the Lord, without a second. Arjuna says he is able to appreciate the universe as the body of the Lord. Lord as the creator and sustainer, we all enjoy and admire. But the Lord as the destroyer is feared by most of us. Arjuna says he enjoys and fears at the same time.

#### Verse 21

*These hosts of gods are entering You indeed. Frightened, some of them pray with joined palms. Having uttered the word "peace" groups of sages and siddhas praise You with complete hymns.*

All the devas, appreciate the viśvarūpa and they approach the lord. They understand that Bagawan's destruction is dharmic destruction. Others approach the lord with fear. Religion is often practiced because of fear. Fear is required to keep a person in dharmic path, until a person becomes discriminative, wise and mature. The wise sages praise the lord with complete hymns.

#### Verse 22

*Rudras, Adityas, vasus, sadhyas, visvadevas, two asvins, maruts, pitrs, groups of gandharvas, yaksas, asuras and siddhas are all looking at you with wonders.*

This viśvarūpa darshana is available for all. The people miss it because of ahankara and mamakara; it is my private projection that is preventing from getting the viśvarūpa darshanam. Wherever mamakara and ahankara is subdued, the viśvarūpam is available. Rudra, Aditya, vasus, maruts, aswin, sadhyas, all are apricating the viśvarūpa and are in wonderment like Arjuna.

---

# **Bhagwat Geeta, Class 144 – Chapter 11 Viśva Roopa Darshana Yogaha, Verses 14 to 18**

For viśvarūpa darshanam in addition to regular eye, we need a special attitude which is born out of study of scriptures as well as a prepared mind. Without the prepared mind, we can see viśva but it will not be seen as viśvarūpa Eeswara. Knowledge, cognitive factors, and a pure mind all required for viśvarūpa darshanam. Arjuna was missing this divya sakshu and Krishna granted this divya sakshu – prepared mind – for Arjuna to have the viśvarūpa darshanam. Sanjaya gives the description of viśvarūpa darshanam.

Verse 14

*Then, Arjuna, who was wonderstruck and thrilled, saluted the Lord with his head and spoke with join palms.*

Because of the change of perspective, Arjuna had an impact. Arjuna was struck by this extraordinary change of perspective. This change of perspective showed at the physical level also.

Verse 15

*Arjuna said – Oh Lord! In your body I see all the gods as well as hosts of various beings. Lord Brahma who is seated on the lotus, all the sages, and the celestial serpents.*

Arjuna goes through several emotional stages and the first stage was wonderment or acharyam; Arjuna sees the world as

wonderful. If you look at the totality of the cosmos, all the problems like terrorism, wars etc., will seem to be insignificant. This Acharya bhava is described from verse 15 to 22. His first response is wonderment. He sees all 14 lokas. A question may arise whether Arjuna saw other lokas. But it is not important what lokas Arjuna saw, it is important how he saw: he saw ordinary world as viśvarūpa darshanam, the manner of seeing is important and not what was seen. This alone gives liberation.

#### Verse 16

*I see You everywhere with countless forms, with many arms, abdomens, mouths and eyes. I see neither Your beginning nor the middle, nor the end, Oh Lord of the universe! Oh Lord with universal form!*

The idea is all the hand of all the people, all the mouths of all the people etc. are all viśvarūpa darshanam. Lord has limitless form. The definition of the word viśvarūpam is the one whose body is the world itself.

#### Verse 17

*I see You as a mass of effulgence shining everywhere with crown, mace, and disc. I see you all around, radiant like the blazing fire and sun, blinding and immeasurable.*

This is continuation of Arjuna's description of viśvarūpa darshanam. In India, deities are installed in difficult to reach places like Himalayas, so we can appreciate viśvarūpa darshanam.

#### Verse 18

*You are the supreme imperishable one to be known. You are the ultimate support of this universe. You are the eternal protector of eternal dharma. I regard You as the eternal Purusha. Both nirguna and saguna eeswara are eternal, because*

the universe is anādi – no beginning and no ending. Ultimate support is that which supports everything, but it is not supported by anything. Even though Arjuna is seeing saguna brahman, he is describing nirguna brahman.

---

## **Bhagwat Geeta, Class 143 – Chapter 11 Viśva Roopa Darshana Yogaha, Verses 7 to 13**

Lowkiga sakshu (presence of lord) and divya sakshu (prepared mind) are both needed for Eeswara darshanam. Divya sakshu is a refined mind and not a physical mind. Eeswara darshanam is possible only when both lowkiga sakshu and divya sakshu are present. Lord's universal form is available for everyone, but not everyone gets the same impact of the Lord's universal form. This is because divya sakshu is not present in those people. Divya sakshu is defined in many ways like without raga and dwesha, without mamakara. Not only one can see all the lokas, one can also see anything one wants to see as everything rests in the Lord.

Verse 8

*However, you cannot see me with this ordinary eye of yours. I shall give you a divine eye. See my divine power.*

Here Krishna introduce the two types eyes required for Eeswara darshanam – physical eye and divya eye. Some people interpret the thilakam as divya eye. One of the significances of thilakam is the proper attitude that is required for a refined

mind. Lord Krishna blesses Arjuna with that divya shakchu. Divinity is worshipped as one of the five elements in many temples; but eventually we should refine our mind to see everything as divinity.

Verse 9

*Sanjaya Said: Having spoken thus, Krishna, the great of all powers, thereafter, revealed the divine form to Arjuna, Oh King!*

Sanjaya calls Krishna as Hari to indicate Krishna is the divinity and not just a person. Years of pañca mahā yagna required to refine the mind. But Lord Krishna temporarily removed the impurities and refined the minds of Arjuna as well as those of Sanjaya. Then Lord Krishna showed the viśva roopam, which is the greatest roopam because all other roopams are:

- Finite.
- Mutually exclusive – one displaces another.
- Subject to arrival and departure.

All the training of vedic culture and Hinduism is to give the orientation that everything in universe as the Lord. This is the reason we offer everything – including new cloths, ornaments etc. – to the Lord before wearing them.

Verses 10 and 11

*Krishna revealed the brilliant, limitless universal form with faces in all directions, with many mouths and eyes, with many wonderful sights, with many divine ornaments, wielding many weapons, wearing divine garlands and garments, anointed with divine perfumes and full of wonders.*

We get Sanjaya's viśva roopa darshanam which indicates he also gets divya eye. Many eyes and many mouths indicate that

Arjuna sees all the mouths and eyes as mouths and eyes of everyone. There is no separation of individual from totality. The attitude is more important than the action.

When a weapon is with the Lord, it is not secular, and it is sacred. All the weapons are secular because they are associated with the lord and Lord maintains order and harmony.

In these verses only adjectives are given, no nouns. The noun is *visva roopam*. All these verses are adjectives to *visva roopam*.

There may be a confusion that there is no *visva roopam* before and appeared for Arjuna. That is not the case, the *visva roopam* was always there, but Lord Krishna removed the impurities of mind for Arjuna and Sanjaya that enabled them to see the world as *visva roopam*.

The many dresses and garlands described in these verses indicate many garland and dresses worn by everyone as belonging to the Lord.

#### Verse 12

*If the brilliance of a thousand suns were to rise up simultaneously in the sky, that will be comparable to the brilliance of that great Lord.*

Lord's brilliance is glaring, because I am not able to look at the sun, which is far away. The brilliance of *visva roopam* is imagined as thousands of suns rising in the sky simultaneously.

#### Verse 13

*There, in the body of the Lord of lords, Arjuna saw at that time, the entire universe with its manifold divisions placed together.*

Sanjaya continues in this verse. Arjuna saw everything in the



infinite body of the Lord; everything in the universe is resting upon Lord. If you have to see the real universal, Krishna's body should not be the limited body, it should be the vast universe.

---

## **Bhagwat Geeta, Class 142 – Chapter 11 Viśva Roopa Darshana Yogaha, Verses 4 to 6**

Scriptures and puranas describe the vision of Eeswara darshanam as a thrilling and fulfilling experience. Any experience involves two things. One is the object of experience which should be available. It is not enough that the object of experience is available, we require a subject of experience is also available. Object of experience should be available, and we also require a subject of experience; an experiencer who is prepared to appreciate experience. Generally, we focus on the object, but not on the preparedness of the experiencer. Viswa roopa is nothing but the lord in the form of entire universe. Viswa roopa darshanam is available for us, but if we do not get the thrill of the darshanam, it is because of the non-preparedness of our mind; that is purity of the mind. Just like gold is available in the ornaments, viśva roopa darshanam is always available but what is not present is a prepared experiencer. The prepared mind is called the third eye or divya shakshu. Arjuna asks Krishna to grant him this divya shakshu.

Verse 4

*Oh Lord! If You consider that it can be seen by me, then, You show me Your inexhaustible form, Oh Lord!*

Purity of mind is a tedious time-consuming process which requires lot of karma yoga and upasana yoga and it is a slow gradual transformation. Showing the *viśva roopa darshanam* is not required, but what is required is removing the impurities of mind.

Verse 5

*The Lord said – Oh Arjuna! See My divine forms of various kinds, various colors and forms, in hundred and in thousands.*

Even though purifying the mind is a slow and gradual process, Arjuna asks Krishna for a temporary purification of mind. This is similar to someone getting the vision by some grace. But the problem is it will only be temporary. When it is artificial purification, the full impact is not gained. It cannot be an experience that can be assimilated. Because of Arjuna's request, Krishna grants Arjuna temporary purification of mind so that Arjuna can see many varieties and colors of Lord's form. We should understand that it is not a particular form that appear, we should learn to see and appreciate various forms and colors as different forms of the Lord.

Verse 6

*Oh Arjuna! See adityas, vasus, rudras, asvins, and maruts. See many wonders which are not seen before.*

Verse 7

*Oh Arjuna! See here and now, in my body the entire universe with the movable and the immovable placed together and also anything else that you desire to see.*

Krishna says see the eight vasus: Eight natural principles: Vayu, agni, water, earth, andhariksha, sun, moon, stars. The 12 Aditya are the 12 months. Ashwini kumara represents

principles presiding over prana. Martus represents different forms of Vayu.

All of them belong to viśva roopa. We don't generally notice any of these wonderful principles. We must purify our mind by avoiding raga, dwesha and lōbha. When puranas describe Krishna as blue skinned, it represents the vastness of blue sky. The whole universe is contained in Lords body.

---

## **Bhagwat Geeta, Class 141 – Chapter 11 Viśva Roopa Darshana Yogaha, Verses 1 to 3**

The word Yogaha at the end of every topic means a topic. viśva roopa darshana means the vision of the Lord as viśva roopa, which is the name of the Lord. Viśva roopam means the lord whose form is nothing but the very universe itself. How can one have darshana of the lord in the form of the world itself? Direct vision of the lord of Rama, Krishna etc., the scriptures prescribe tapas. Tapas is nothing but concentration or meditation. One has to learn the dhyana sloka, concentrate and visualize on that particular form and chant the mantras. If a devotee follows this process, the devotee will give darshana in that particular form. We have many puranic stories describing the devotees getting the darshana of the lord.

If you want to have the vision of the lord, as the world itself, then you have to invite the lord to come in the form of world. Should we invite the lord in the form of the lord?

Even before our birth, the lord in the form of viśva roopa has already arrived. What should I do to have the darshana of the lord in the form of the world? Learn to see the world in the form of the lord. Train the mind to look at the world as the manifestation of the lord. Understand and assimilate the teaching that lord alone as the material principle of the world. Everything appearing before me is a form of lord. Clearly understand and assimilate this teaching. Only then the perspective and vision will change. This vision is divine vision or divya shakshu. The world has a different feature that is divine – that is world is a manifestation of lord. I need not invite the Lord; the Lord is available all the time as the world.

The first eight verses we get an introduction to this viswa roopa darshana. It begins with Arjuna's summarization of the first ten chapters.

Verse 1

*Arjuna said – This supreme secret teaching named adhyatmam has been imparted by You for blessing me. This delusion of mine has gone by that.*

In this verse, Arjuna summarizes the first six chapters. The essence is jiva swarupa varna. The description of the essential nature of jiva, which is not physical body which is only temporary. Similarly, the mind is also a temporary instrument. So, I am neither the body nor mind but consciousness. The features of consciousness are:

- Consciousness is not a part, product, or property of an individual.
- Consciousness is an independent principle, pervading body and making it alive.
- Consciousness is not limited by boundaries of the body.
- Consciousness survives the fall of the body.
- Surviving consciousness is not accessible because there

is no medium.

This consciousness is my nature. Krishna describes this nature in chapters 2 to 5.

Arjuna states that with the teaching his delusion is gone, and the doubts are cleared as he listened to the teachings of Gita.

Verse 2

*Oh Krishna! Verily, the origin and dissolution of beings as well as (Your) inexhaustible glory were heard by me from You in detail.*

From chapter 7, 9 and 10 Lord Krishna described Eeswara swaroopa, defining the Lord as jagat karanam or material cause. That is the lord is the cause of shristi, sthithi and laya karanam of the beings, similar to ocean is the material cause for wave. There are no waves separate from the ocean. Wave is only another name for ocean. Similarly, god alone exists in the form of world.

Verse 3

*Oh Lord! It is just so as You describe yourself. Oh Lord! I desire to see Your divine form.*

In this verse, Arjuna adds Parameswara and Purushothama as the name of the Lord. Purushothama means the supreme lord; In Chapter 15, Krishna will tell that philosophically Purushothama also means nirguna brahman.

Arjuna says he has no resistance in accepting the teaching. Intellectually Arjuna is able to understand that the whole world is divine, and there should be no raga and dwesha. But that is not the case. We always have raga and dwesha against one thing or another. Arjuna requests Krishna to teach how avoid raga and dwesha and see divine in everything.

---

# Human Goals – Purushartha

Copy of the slides used in this video. Click on the download button below for a copy.



Loading...



Taking too long?

↻ Reload document

| ↗ Open in new tab

---

## Sadhana Panchakam – Class 6

Having discussed sravanam and mananam part of Jñāna yoga, Sankarachariyar is discussing nidhithyasanam which is meant to convert the knowledge into emotional strength. This is meant for Jñāna nishta. Nidhithyasanam is of two types:

1. Withdrawing from all vyākara and dwelling up on vedic teaching. This is sitting nidhithyasanam .
2. Always being alert in my day-to-day transactions. Being alert in my response to various situations, in the language I use in my transactions. Making sure that all my transactions are in keeping with vedantic teaching and not contrary to vedantic teaching. This alert life itself is a nidhithyasanam and is as important as the sitting nidhithyasanam. This is not confined to a particular time; it is through all my waking time.

When a person takes to nidhithyasanam, Sankarachariyar wants that person to note certain points. These are all values to be followed even before coming to Jñānam and values to be followed for gaining Jñānam. First, I follow them for Jñāna and thereafter I follow them for nishta.

1. Never argue with anyone, especially wise people. Because arguments can boost the ego. Also, we lose the opportunity to learn from wise people. Here we should make the distinction between vadhaha and samvadhaha (student clarifying doubts with a teacher). How do we

distinguish between the two? There are many differences between vadha (arguing) and samvadha (questioning):

1. When I argue with someone I look up on that person as equal or inferior to me. Whereas in samvadha, I don't look up on my teacher as superior to me, in knowledge, in maturity and in all aspect. There is a basic difference in attitude. This attitude is expressed by the very language and tone I use.
1. Often when I enter into an argument, I have made a conclusion on the topic. Through argument I want to either establish my conclusion or refute the other person's conclusion. Whereas in a student's approach, the student has never made a conclusion. His aim is not to establish his conclusion or refute teacher's conclusion; he just wants to learn. In one the mind is closed because the conclusion is already made, in the other the mind is open because conclusion is not made.
1. In argument, I try to talk more and more, and I don't allow the other person to talk at all. Even if the other person talks, I don't listen, and I interfere before he has concluded. Whereas the student talks the minimum; he wants to put his idea to minimum and he wants the teacher to talk more and more; when the teacher talks, he listens attentively and does not interfere.
1. In argument, since I have not listened to the other person, I have nothing to reflect up on. Whereas I am listening to the teacher, I work on what I listened.
1. There is a possibility that even after elaborate explaining, I am not convinced of teacher's conclusion. Politely I ask once more, and teacher explains once more and I am still not convinced. I put off further questioning and think over the answers given. After giving enough time, I can



raise the question. Whereas in argument, repeatedly arguing the same thing.

1. After samvadha, there is no disturbance or bitterness in the mind, whereas after argument there is always bitterness and disturbance in the mind.

2. Be humble; amanithyam; make sure you don't become arrogant because of this knowledge. Constantly remove the arrogance.

## Verse 6

Food is required for all states. Sankarachariyar discusses food for sanyasi, because grihastha gets food at home. He discusses food as though it is a disease. Hunger is also some kind of disease because you are not at ease:

1. For disease there is a remedy in the form of medicine; for hunger there is a remedy in the form of food.
2. When you take medicine, the aim is only to cure the disease. It is taken only when there is disease and only as much required to remove the disease. In the same way, you must take food, only when there is hunger.
3. Since I am taking the medicine only for the disease, I am not particular about the taste of the medicine. Likewise, the likes and dislikes of food should not be important.

So, you should treat the disease of hunger regularly. But you should not ask for delicious food, because it identifies with your tongue and results in you identifying with the sthūla śarīram. Put up with the opposite experiences like heat and cold which are dependent up on desa, kala and prarabtha. These are the instructions for eating tongue. Now gives

instructions for talking tongue:

1. Do not utter single word when it is not necessary to talk. Every word is spoken only after a well processed, well thought out and well monitored. All spiritual sadhanas begin with tongue – eating and talking tongue.
2. Even if you want to say something, make sure the other person has respect for your words and whether he wants your advice. Ensure that the other person values your advice. Example: Krishna advices Arjuna only after Arjuna requires it, Krishna starts Bhagwat Gita only in second chapter.
3. Don't join any group and have only good word for everyone. Everyone has good and bad parts, and I only talk about the good words for everyone, otherwise I observe silence.
4. Some people may be good to you and another set of people may be cruel to you. But don't develop raga because they are nice to and don't develop dwesha because they are not nice to you. Don't let their behavior generate raga or dwesha. Let their behavior be forgotten right then there. If they ill treat you, forgive them and forget. If they praise you, thank them, thank the lord and forget.

Verse 5

In previous verses Shankaracharya give supportive sadhanas for nidhithyasanam. The primary sadhana is dwelling up on teaching. If we follow these supportive sadhanas, mind will remain tranquil and ready for primary sadhana. Sit in a quiet place, fix your mind up on the supreme Brahman. See that Brahman none other than poorna atma, the primary illuminator.