

Vishnu Sahasarnamam

As part of Sadhana, Swamiji mentions that we do prayers, studies, puja etc to prepare our-self. One of the Stotram is Vishnu Sahasra Namam. Here are the Sanskrit lyrics and YouTube presentation of Vishnu Sahasarnamam:



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<https://www.youtube.com/watch?v=FBxXYK4fBoY>

Devi Kavacham – Argala – Stotram

As part of Sadhana, Swamiji mentions that we do prayers, studies, puja etc to prepare our-self. One of the Stotram is Devi Kavacham – Argala Stotram. Here are the Sanskrit lyrics and YouTube presentation of Devi Kavacham – Argala – Stotram:



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You can follow this stotram with this video in YouTube:

Upanishadic Thoughts With References from Bhawad Geeta



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Baghawat Geeta Notes by Chapter


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Chapter 18:



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Taitreya Upanishads, 10th Anuvaga Audio

This is an audio recording of Swamiji's chanting of 10th Anuvaga of Shikshavalli, Taitreya Upanishad.

Shishavalli 10th Anuvaga

Kaivalya Upanishad

Namaste:

Please click on the link below for my notes on Kaivalya Upanishads. These notes are based on the teachings of Swami Paramarthananda.

Notes-KaivalyaUpanishad

Kaivalya Upanishads Chanting

Please click on the link below to chant along Kaivalya Upanishad. This is a recording of Kaivalya Upanishads chanting by Sri Ganesh Gurukul of the Gayatri temple in Lockport, Illinois.

<http://www.advaiddam.com/wp-content/uploads/2016/09/MP3KaivalyaUnanishad.mp3>

Bagawat Geeta, Introduction

One page summary, in table format, of the first Bagawat Geeta class by Swami Paramarthananda.

Notes-BhagavadGita-Intro

Dhyana Shlokas – Bagwat Gita

Bagwat Gita Dhyana Slokas in Sanskrit, along with grammatical interpretations and translation and meaning in English. Page 11 will be of interest to Vedantic Students.

GitaDhyaanShlokas

TattvaBodha

These notes are based on the Swami Paramarthananda's discourse on TattvaBodha. (Please click on the link below)

Notes-TatvaBodha