

# Vishnu Sahasarnamam

As part of Sadhana, Swamiji mentions that we do prayers, studies, puja etc to prepare our-self. One of the Stotram is Vishnu Sahasra Namam. Here are the Sanskrit lyrics and YouTube presentation of Vishnu Sahasarnamam:



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<https://www.youtube.com/watch?v=FBxXYK4fBoY>

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# **Devi Kavacham – Argala – Stotram**

As part of Sadhana, Swamiji mentions that we do prayers, studies, puja etc to prepare our-self. One of the Stotram is Devi Kavacham – Argala Stotram. Here are the Sanskrit lyrics and YouTube presentation of Devi Kavacham – Argala – Stotram:



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You can follow this stotram with this video in YouTube:

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## **Om Chant**

<http://www.advaidam.com/wp-content/uploads/2018/06/om.mp3>

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## **Kaivalya Upanishads Chanting**

Please click on the link below to chant along Kaivalya Upanishad. This is a recording of Kaivalya Upanishads chanting by Sri Ganesh Gurukul of the Gayatri temple in Lockport, Illinois.

<http://www.advaidam.com/wp-content/uploads/2016/09/MP3Kaivalya Unanishad.mp3>